

# DID YOU KNOW?



Since 1989, Hoosier Lottery funds have benefited every county throughout Indiana. Every year the Hoosier Lottery supports local police and firefighters' pensions, the Teachers Retirement Fund, and the Lottery Surplus Fund.

## Positive Play = Responsible Gaming

The Hoosier Lottery wants you to have a positive playing experience and there are several tools and resources available to help players curb problem gambling. Visit [www.HoosierLottery.com](http://www.HoosierLottery.com) to learn more about our Positive Play program.

## KEEP *Play* POSITIVE



- Set a budget and stick to it
- Play for entertainment
- Use money you can afford to spend
- Monitor your spending
- Understand the odds and know your game
- Maintain balance in your life
- Have fun!

To help you develop positive gaming habits, the Positive Play toolkit includes:

- A series of fun and informative videos on Odds, Gaming Myths, and setting spending limits
- Positive Play quiz to test your responsible gaming knowledge
- Track Your Play Spend Calculator to review your spending habits
- Financial Literacy course



# KNOW THE WARNING SIGNS OF PROBLEM GAMBLING:

Most people who play the lottery do so responsibly and for entertainment. There is, however, a small percentage of the population whose gambling behaviors become damaging to themselves, their family, and/or their workplace. Signs include\*:

- Spending more time or money on gambling than planned or able to afford
- Increased financial problems and debt
- Visiting lottery vendors multiple times in one day
- Hiding lottery tickets from family
- Neglecting important responsibilities like work, school, or family
- Continuing to play despite relationship troubles
- Borrowing money to gamble
- Experiencing anxiety and/or depression

If you are concerned about any of the above warning signs, help is available.

- Call the Gambling Addiction Helpline at 1-800-994-8448
- Text INGAMB to 53342
- Chat by visiting [HoosierLottery.com](https://www.HoosierLottery.com) and use the CHAT button at the top of the screen

For more information, please visit our website and explore the resources provided by our numerous partners.

[HoosierLottery.com](https://www.HoosierLottery.com)



\*Problem gambling symptoms courtesy National Council on Problem Gambling